

## **ADMINISTRATION OF MEDICATIONS DURING SHELANU TRAVELS**

The parents/guardians of minor youth program participants are responsible for informing Shelanu of any medical conditions that require the youth participants to self-administer medication or that may require emergency administration of medication during the program.

When youth participants require medication(s), SHELANU Programs must obtain a consent from the parent/guardian to ensure that the youth participant receives or self-administers the correct medication and dosage at the proper time. In the event that a medication needs to be given to the youth participant while on Shelanu Travels, the following is required in order to do so:

- **Prescription medication** must be sent in the currently labeled prescription bottle with the youth participant's name, medication name, dosage, dosage intervals, name of prescription, and date it was filled. Insulin will be treated as a prescription medication even though some forms may be obtained over the counter. If necessary, youth participants may retain possession and self-administer certain medications needed for asthma or allergies (inhaler, EpiPen) if approved in writing by the parent/guardian.
- **Non-prescription medication** from home must be in the original packaging, clearly showing the dosage by age, the ingredients, and the expiration date. A WRITTEN ORDER with specific instructions from a parent/guardian must accompany the medication. Youth participants may bring nonprescription medications to the Program and self-administer those medications pursuant to the manufacturer's instructions for such medication only with a written authorization and consent from a parent/guardian.
- In the case of a previously identified allergy or any other known medical condition that requires administration of medication by a SHELANU staff member, the parent/guardian may be required to provide additional written authorization.

**Use of Subcutaneous Epinephrine for the Treatment of Potential Anaphylaxis.** Use of epinephrine requires an immediate call to 911 and notification of the parent/guardian. For youth participants with a known life-threatening allergy, parents must supply the EpiPen(s).