



Winter Trimester Opportunities

Classes and Schedules for each class are displayed below.

Shelanu's winter classes are designed to deepen connection, spark curiosity, and bring Jewish learning to life. Imagine creative, hands-on experiences and new ways to engage. Track calendars vary— 4 flexible options to fit the rhythm and goals of the experience. You do not need to be a current Shelanu student to enroll in these opportunities.

1. Confronting Complexities

Instructor: Wise Temple Clergy

Meeting Times:

January 18, 12-2PM

January 25, 12-2PM

February 8, 12-2PM

March 8, 12-2PM

Location: Wise Temple

Sessions begin with lunch, giving students time to finish their madrichim responsibilities.

Join the Wise Temple Clergy to learn about the historical and contemporary challenges facing Jews in America. The course empowers teens to champion pluralism, strengthen their Jewish identity, and imagine a safer, more inclusive future.

Themes:

- January 18 - Defining the Landscape
- January 25 - History Shapes Now
- February 8 - Addressing Jewish Safety
- March 8 - Pluralism and Democracy

2. Shelanu in Motion

Instructor: Dr. Caroline Winstel

Meeting Times:

January 11, 5-7PM, Adath Israel

January 25, 1-3PM, JCC

February 8, 12-2PM, Wise Temple

March 1, RockQuest

March 8, 3-5PM, JCC

Sessions move around Cincinnati.

January 11 and Feb 8 will include a meal.

This track explores the intersection of Judaism, sports, and inclusive community building. Students will learn what Judaism teaches about sports, participate in and volunteer within the Jewish and sports world of Cincinnati, and even go rock climbing. Ready to get moving and support the community? This class is for you!

Themes:

- Week 1: Judaism and sports
- Week 2: Fitness and Friends Volunteering
- Week 3: Adaptive sports
- Week 4: Rock climbing
- Week 5: PJ Library Volunteer program

3. Intergenerational Connections

Instructor: Rabbi Shafrin and Jewish Family Services

Meeting Times:

January 11 4:30-7PM

January 25 4:30-7PM

Feb 8 12-2PM at Wise Center

Feb 22 4:30-7PM

March 8 4:30-7PM

Location:

The Seasons

7300 Dearwester Dr

Cincinnati, OH 45236

Join us for a meaningful and inspiring experience! In partnership with Jewish Family Services, K'vod Connect teens will connect with seniors at The Seasons, an Independent living community. Through real conversations and hands-on activities, you'll explore Jewish perspectives on aging, compassion, and supporting others. This track is a great way to build relationships, make a real impact, and earn community service hours.

Themes:

- Week 1: Minute to Win it and other games
- Week 2: Tu Bishvat
- Week 3: Compassion into Action
- Week 4: Map my Life
- Week 5: Mitzvah Project

All sessions include meals

4. Birds of a Feather

Instructor: Cindy Loon,
Founder of Birds of a Feather

Meeting Times:

January 11, 5-7PM, Adath Israel

January 25, Magnolia Rose

February 8, 12-2PM, Wise Temple

February 22, Queen City Clay 2-4PM

March 8, 4:30-6:30PM, JCC

Sessions move around Cincinnati.

January 11 and February 8 will include a meal.

In partnership with Birds of a Feather, a local Jewish community-building organization, teens will get to explore Judaism in fresh and creative ways. This hands-on track is perfect for anyone looking to deepen their community connections and discover new ways to express their Jewish identity. Get ready to try new things, meet new people, and experience Judaism like never before!

Themes:

- Week 1: Jewish drumming
- Week 2: Tu Bishvat
- Week 3: Rosh Chodesh, new Jewish month
- Week 4: Clay Creations
- Week 5: Jewish yoga and sound bath