

Our Spring classes empower teens to navigate the growing complexities of today's world with confidence, curiosity, and Jewish wisdom. Parents are invited to join parallel learning experiences that offer guidance, community, and meaningful tools for supporting their teens.

March 29 @ Shomrei Olam 12:30-4PM

Join Jewish Cincinnati for a city-wide day of service with Shomrei Olam. The community will meet at Evadale Commons to participate in a tree-planting project together. Shelanu lunch will begin at 12:30

RSVP for this date is required, as there is a waiver that must be completed by a parent/guardian.

April 12 @ Adath Israel 5-7PM

Freshman

9th graders will come together as a cohort for a short, meaningful learning with the Chvarim M'Israel and an exciting hands-on VR experience.

Rockdale & Wise Confirmation

Confirmation students will join together for a short lesson with their Rabbi. Following community dinner, students will join upper classmen to explore VR and learn about college essay writing.

Upper Classmen (10th - 12th Graders, Non-Confirmation)

Learn how to confidently highlight your Jewish experiences in college applications. Explore how Jewish life can strengthen an application, review campus resources, and start generating essay ideas.

For Parents! Teen College Programs & Shelanu Parent Meeting

Join us for a parent workshop led by Stephanie De Falco - admissions consultant and Shelanu parent - to help you support your teen through today's college application process. Learn what matters most, what's changed, and how Jewish experiences can strengthen an application. This program is from 5-6PM and open to all Jewish parents of our congregations.

Parents will learn:

- How applications are evaluated, including recent affirmative action changes
- Where Jewish experiences can be highlighted
- Local Jewish scholarship opportunities with JVS Careers

Following the workshop, join Nina Loftspring and the Rabbis from 6-7PM to hear about proposed changes for the teen community and share feedback on Shelanu as part of a structured conversation about its future.

April 19 @ Rockdale Temple + JCC 5-7PM

Students will have the opportunity to learn from their Rabbi before participating in a larger community program. More information and RSVP coming soon.

April 26 @ Adath Israel 4-7PM

Shelanu and AJC present Leaders for Tomorrow (LFT)—a program that builds confident teen leaders ready to advocate for the Jewish people, human rights, and their community. All Shelanu students will take part in this learning experience. Those in confirmation program will have their usual confirmation class as well during the evening. Parents and teens will RSVP directly to AJC for this event.

For Parents! Join Lindsey Mintz from the American Jewish Committee for an overview of antisemitism and guidance for parents.

Lindsey will explore age-appropriate conversations, navigate social media safely, and prepare for the realities teens will face in high school and college. Parents and teens will RSVP directly to AJC for this event.

Parents will learn:

- How to successfully advocate with school administration when antisemitic incidents occur.
- What is the best way to address a situation of a faculty member who shows a strong anti-Israel bias in the classroom?
- Where can you create community and allyship within your school's ecosystem?

May 3 @ Adath Israel 5-7PM

Celebrate the end of a wonderful Shelanu year! After a short class, students will enjoy dinner, bounce houses, dessert, and plenty of games and surprises at our end-of-year celebration.